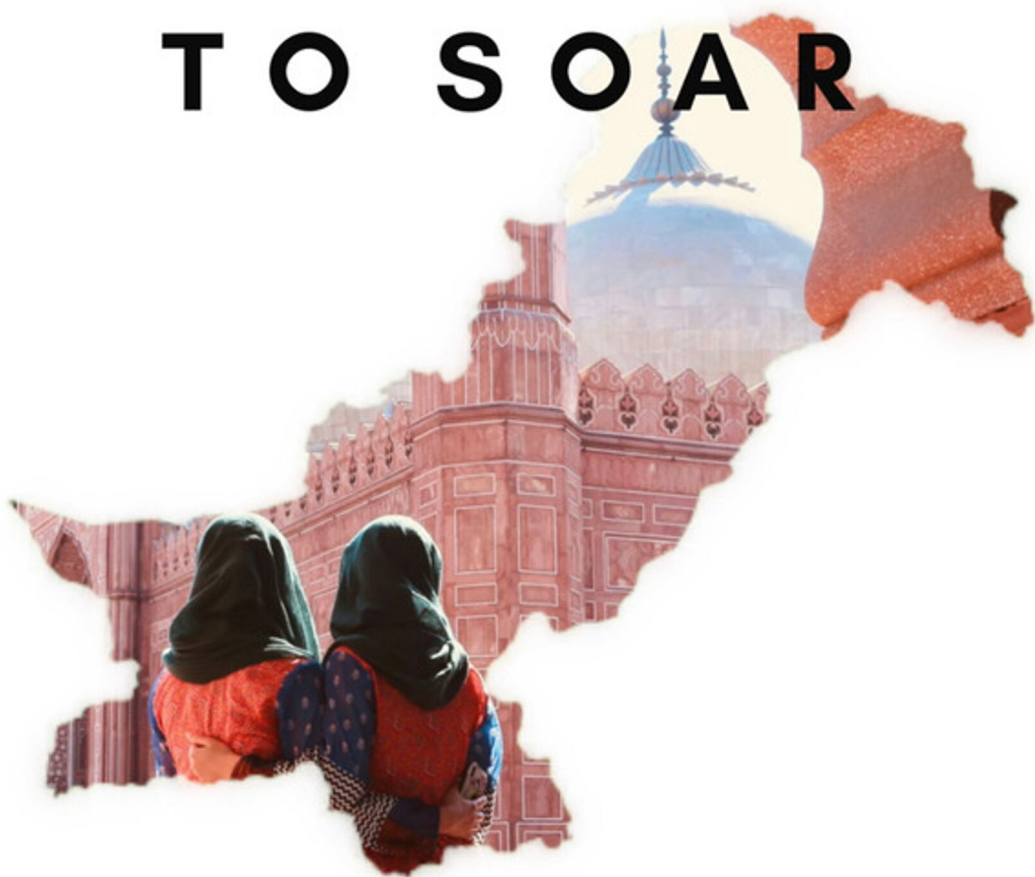


THE WORLD WITH MNR
PRESENTS

DESTINED TO SOAR



A FILM BY
MARYAM AND NIVAAL REHMAN
RELEASING FALL 2019

IN THIS GUIDE

3 BIO OF FILMMAKERS Meet Maryam and Nivaal Rehman

4 OVERVIEW What this film is about

5 REQUIRED MATERIALS Everything you will need to host your screening

6 STEP-BY-STEP GUIDE Fool-proof guide to hosting your screening

6 SAMPLE TIMELINE Best practices to plan ahead and be prepared

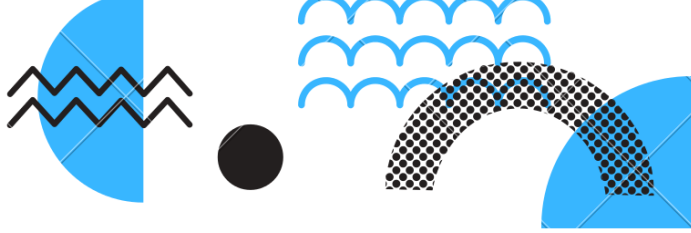
7 DISCUSSION GUIDE Post-Screening discussion questions to engage your audience.

8 SOCIAL MEDIA STEPS How to share the documentary on social media, and raise awareness!

MEET MARYAM AND NIVAAL REHMAN

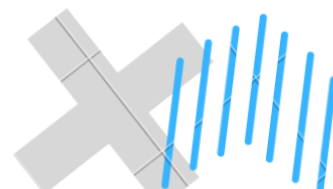


We are 18-year-old twins, activists and journalists currently attending the University of Toronto. We are also the founders of "The World With MNR," a non-profit organization which uses advocacy, storytelling and development to take action for Climate Justice, Gender Equality and Inclusivity. We share our work through our website, Instagram, Twitter and YouTube Channel to inspire others to take action as well. Our activism actually began when we visited a girls' government school in our village in Pakistan 10 years ago, that our grandmother had donated the land to build. Since then, we have been making sure the girls in that community go to school, as well as working for gender equality, climate justice and inclusivity in Canada. We have spoken at conferences internationally about our work, and are really passionate about making the world a better place. Some of our work includes our interviews with Nobel-Peace Prize winner Malala Yousufzai and Prime Minister Justin Trudeau himself for the MalalaFund. We also advocated for the need to invest in girls' education at the G7 Finance and Development Ministers' meetings last year. We interviewed and spoke with world leaders including CEO of the World Bank Kristalina Georgieva, Managing Director of the IMF Christine Lagarde, and Canadian Finance Minister, Bill Morneau. In 2018, we became filmmakers for Disney and the UN Girl Up Campaign's "Dream Big Princess" project, and helped raise \$1 million dollars for Girl Up in this process. We are continuing to try to make the world a better place, and inspiring others to do the same in the process.



OVERVIEW

Destined to Soar, is the story of twin activists Maryam and Nivaal Rehman and their return to Pakistan, where they have been inspiring girls to go to school for the past 10 years. Inspired by their grandmother who donated land to have a girls' school built in their village, the two begin their journey reconnecting with the children there. They conduct numerous workshops and arrange activities to hear the children's stories and inspire them to continue their education. Following this, the twins travel across Pakistan to determine the status of girls' education in the country overall, including the barriers girls face when going to school and work that is being done to overcome them. The story unfolds with the perspectives of various industry leaders, school children, and grassroots activists, that are displayed through interviews, workshops, and school visits. It shatters stereotypes about Pakistan, a country often misunderstood by the media, by noting that although problems exist, considerable efforts are being made to resolve them.



REQUIRED MATERIALS



WHAT YOU NEED TO HOST YOUR OWN SCREENING

1

A venue to host the screening. Will you be hosting it in your club? (You would need a classroom, auditorium, library, or other quiet space).

2

A teacher or adult supervisor. You will need someone who can facilitate the screening, be there for your support, and supervise the guests at the screening!

3

Tech-Equipment:
-A strong Internet Connection to be able to play the documentary through YouTube at the highest quality and to be able to facilitate a Skype discussion with Maryam and Nivaal afterwards if you are interested.

-A laptop and projector to be able to screen the film

4

An audience! This could be your fellow club members, community members, friends, or family. Depending on when you host the screening and whether you open it to the public, the amount of people in you have in your audience will vary.

STEP-BY-STEP GUIDE

THE STEPS

01

MEET WITH YOUR CLUB OR TEAM

Begin the brainstorming process of how you want to host your screening by meeting with your team and discussing the possibility of hosting a screening!

02

LOGISTICS

Hold a follow-up meeting and discuss logistics like venue, date, and audience with a teacher or adult advisor. If you would like to have Maryam and Nivaal come in to speak with your group through Skype, reach out to them in advance so you can arrange a speaking session with them for your screening.

03

PROMOTE

Promote your screening as much as possible through social media, posters around your school, and word-of-mouth.

04

HOST THE SCREENING!

You've been working hard to plan your screening, so enjoy it when the day comes! Ensure that you have different people doing registration/sign-in, someone to host the screening and introduce the film, and someone managing the technology.

SAMPLE ITINERARY

1:00 PM - 1:15PM

SIGN-IN AND SEATING

1:15PM - 1:20PM

INTRODUCTION TO THE FILM

1:20PM - 2:25PM

PLAYING THE FILM

2:30PM - 2:40PM

MARYAM AND NIVAAL SKYPE-IN AND SPEAK ABOUT THE FILM

2:40PM - 3:00PM

DISCUSSION ON THE FILM WITH MARYAM AND NIVAAL



DISCUSSION GUIDE

1

Why is it important for grassroots efforts to improve girls' education in Pakistan to take place?

2

Who was someone featured in the documentary that you were really inspired by?

3

The documentary talks about taking despite the magnitude of issues that exist in the world. What are some ways you think you can tackle issues that concern you, even if they might seem too big to solve?

4

There are several reasons why children do not go to school in Pakistan. Whether that is poverty, drug addiction among parents which leads to unstable home environments, and more. These issues exist in other countries around the world too. Why do you think it's important to raise awareness about these reasons?

5

Many of the people who are taking action for girls' education in the documentary come from privileged backgrounds. Why do you think it is important for celebrities like Ali Zafar, or businessmen like Ali Tareen to support the cause of girls' education and give back to their communities in this way?

6

Safya and her daughters Maryam and Raabya are all really passionate about their education. How do you think that motivation and passion can be used to educate all girls in Pakistan?

SOCIAL MEDIA STEPS

At The World With MNR, we always try to use social media in a positive way, and inspire others to take action. We want to spread the message of our documentary with people around the world, and get as many people to watch it as possible. One of the best ways to do so, is by sharing the documentary through social media,

SCREEN, SHARE, REPEAT.

Whenever you host a screening of our documentary, we want you to share about it on your social media! Post on Instagram, Facebook or Twitter and share the YouTube link to the documentary wherever you can. You can also share pictures from your screening, what your thoughts were, and how the discussions after the screening went.



We will be sharing all of your posts on our social media channels as well! So don't forget to use the hashtags #DestinedToSoar, #GirlUp and #TheWorldWithMNR when doing your screenings. Also, remember to tag @theworldwithmnr on whichever platform you are sharing to, so we know when you have posted and can find your posts!